

Alcohol & Chemical  
Brain Boosters  
Case Management  
Consumer Resources  
Crisis Intervention  
Day Programs  
Disability Related  
Domestic Violence  
Driving Evaluation  
Education  
Financial Aid  
Health Related  
Housing Agencies  
**Independent Living**  
Legal Services  
Parenting & Family  
Post Acute Rehab  
Psych. Counseling  
Recreation  
Resources  
Special Populations  
Support Groups  
TBI Internet  
Transportation  
Vocational Services







## 14. Independent Living & Multiservice Orgs

These organizations' mission is to help people with disabilities, increasing independence. They are generally not limited to any specific disability group. Some of them, such as the Independent Living Centers (ILC) (a consortium of centers of, by, and for people with disabilities) offer a wide range of services for people with disabilities; others deal with services for a particular disability that a person with a TBI may experience (e.g., hearing loss). The Silicon Valley Independent Living Center (SVILC) has offices in Santa Clara and Gilroy; in Santa Cruz, Capitola, and Salinas, it's the Central Coast Center for Independent Living (CCCIL). All the other ILCs in California are included at the end of this chapter.

The Caregiver Resource Centers are to TBI what the Regional Centers are to developmental disabilities, that is, they are state funded agencies created to fund services for people with specific disabilities (e.g., adult onset brain impairments). But they differ from the Regional Centers in that the services provided are largely for caregivers, not specifically for those with the disability. That is because the centers serve primarily the families of older people with dementia (e.g., Alzheimer's). They may be able to supply help for support with TBI: all you have to do is call and ask.

These organizations are already listed by each service they provide in the TBIRD; this chapter lists all the services each of these organizations furnish, and includes any other supports provided that are not encompassed in those listings.

### **Central Coast Center For Independent Living (CCCIL)**

VOICE/TDD: 831/462-8720

FAX: 408/462-8727

1395 41st Avenue, #B

Capitola, CA 95010

Website: <[www.cccil.org](http://www.cccil.org)>

- Lead agency for New Options TBI Consortium of Santa Cruz County.
- Multi-service Resource Center.

### **Central Coast Center For Independent Living: Salinas**

831/757-2968

234 Capitol, Suite B

Salinas, CA 93901

Website: <[www.cccil.org](http://www.cccil.org)>

- Information and referral.
- Advocacy.
- Benefit counseling.

# 14. Independent Living & Multiservice Orgs

## **Community Services Agency Of Mtn. View & Los Altos**

650/968-0836

FAX: 650/968-2164

204 Stierlin Road

Mountain View, CA 94043

Website: <[www.csacares.org](http://www.csacares.org)>

- Serves residents of Mountain View, Los Altos, and Los Altos Hills.
- Alpha Omega Shelter.
- Community kitchen.
- Emergency assistance.
- Santa Claus exchange.
- Senior care.
- Senior case management.
- Senior nutrition.
- Transportation.

## **Economic And Social Opportunities, Inc.**

408/971-0888

408/971-2789 (HEAP Program)

P. O. Box 610968

San Jose, CA 95116

Website: <[www.esoi.org](http://www.esoi.org)>

- They provide a Home Access Program (home modification), a Weatherization Program, and a Handyworker Program to do minor home repairs (for home owners only). They also help provide payment assistance for households experiencing energy-related emergencies and a Steps Substance Abuse Program.

## **Independent Living Resource Center of San Francisco (ILRC)**

415/543-6222

TDD: 415/543-6698

FAX: 415/543-6318

649 Mission Street, 3rd Floor

San Francisco, CA 94105

- San Francisco residents only.
- Advocacy/human rights.
- Benefit counseling.
- Community advocacy.
- Community education.
- Device assessment.
- Employment information.
- Employment counseling.
- Family caregivers.
- Information & referral.
- Lawyer referral.
- Long Term care planning.
- Mental wellness.
- Personal Assistants referral.
- Personal care.
- Peer counseling.
- Respite.
- Support groups.

## 14. Independent Living & Multiservice Orgs

### **Rehabilitation Education Assistance Program (REAP)**

831/753-4268

FAX: 408/757-5549

Salinas Adult School

20 Sherwood Place

Salinas, CA 93906

- Independent living skills program.

### **Rehabilitation Research Center for TBI & SCI**

Santa Clara Valley Medical Center

408/793-6433

800/352-1956

FAX: 408/793-6434

751 South Bascom Avenue

San Jose, CA 95128

Website: <[www.tbi-sci.org](http://www.tbi-sci.org)>

- Community Education.
- Peer Support Program.
- Information & Referral.
- Talking Heads Newsletter.
- Interact Newsletter.
- Traumatic Brain Injury Resource Directory (TBIRD).
- Brain Matters Community Education Series.

### **San Andreas Regional Center**

408/374-9960

FAX: 408/376-0586

300 Orchard City Drive, Suite 170

Campbell, CA 95008

Website: <[www.sarc.org](http://www.sarc.org)>

- Developmental Disability services: for those injured before age 18.
- Adaptive equipment.
- Financial counseling.
- Health care.
- Independent living skills.
- Information and referral.
- Legal advocacy and referral.
- Mobility training.
- Personal care.
- Recreation/leisure program.
- Residential care.
- Respite.
- Transportation.
- Vocational.

# 14. Independent Living & Multiservice Orgs

## **Silicon Valley Independent Living Center**

408/894-9041

TDD: 408/894-9012

FAX: 408/894-9050

2306 Zanker Road

San Jose, CA 95131

Website: <[www.svilc.org](http://www.svilc.org)>

- Advocacy.
- Deal/hearing impaired interpreter.
- Equipment rentals/loans.
- Housing referrals.
- Independent living skills.
- Information and referral.
- Legal services.
- Leisure services.
- Newsletter.
- Orthotics program (limited).
- Peer counseling.
- Personal assistant recruitment & referral.
- Residential training services.
- Transportation.
- Vocational services.

## **Silicon Valley Independent Living Center-Gilroy**

408/847-1805

TDD: 408/847-1855

7415 Egleberry Street, Suite C

Gilroy, CA 95020

Website: <[www.svilc.org](http://www.svilc.org)>

- Advocacy.
- Counseling
- Housing referral.
- Independent Living Skills.
- Information and referral.
- Legal services.
- Leisure services.
- Peer counseling.
- Personal assistant recruitment & referral.

## **CALIFORNIA CAREGIVER RESOURCE CENTERS**

### **Del Mar Caregiver Resource Center**

831/424-4359

Intake and Information #: 800/624-8304

736 Chestnut Street, Suite F

Santa Cruz, CA 95060

Website: <[www.delmarcaregiver.org](http://www.delmarcaregiver.org)>

- Multi-service information network.
- Hollister office: 800/624-8304
- Monterey County: 800/624-8304

## 14. Independent Living & Multiservice Orgs

### **Family Caregiver Alliance (FCA)**

415/434-3388

800/445-8106

180 Montgomery Street, Suite 1100

San Francisco, CA 94104

Website: <[www.caregiver.org](http://www.caregiver.org)>

- Offering support and assistance to caregivers of brain injured adults through advocacy and research services.

### **Del Oro Caregiver Resource Center**

916/971-0893

FAX: 916/971-9446

Regional: 800/635-0220

5723-A Marconi Avenue

Carmichael, CA 95608

Website: <[www.deloro.org](http://www.deloro.org)>

- Information and referral.
- Family consultation services.
- Respite care.

### **Redwood Caregiver Resource Center**

707/542-0282

Regional: 800/834-1636

141 Stony Circle, Suite 200

Santa Rosa, CA 95401

Website: <[www.redwoodcrc.org](http://www.redwoodcrc.org)>

- Helps caregivers & persons with TBI.
- Legal assistance.
- Counseling.
- Respite care.

### **Los Angeles Caregiver Resource Center**

213/821-7777

800/540-4442

FAX: 213/740-1871

3715 McClintock Avenue

Los Angeles, CA 90089-0191

Website: <[www.la4seniors.com/lrc.htm](http://www.la4seniors.com/lrc.htm)>

- Referrals and resources to caregivers of brain injured adults.

# 14. Independent Living & Multiservice Orgs

## **Southern Caregiver Resource Center**

858/268-4432

Regional: 800/827-1008

3675 Ruffin Road, Suite 230

San Diego, CA 92123

Website: <[www.src.signonsandiego.com](http://www.src.signonsandiego.com)>

•Referrals, consultations, resources, counseling and respite services to caregivers of brain injured adults

## **CALIFORNIA INDEPENDENT LIVING CENTERS**

### **Antioch**

Independent Living Resources

310 West 10th Street, 94509

Website: <[www.ilrccc.org](http://www.ilrccc.org)>

925/754-0539

### **Auburn**

Placer Independent Resource Services

11768 Atwood Road, Suite 29, 95603

Website: <[www.pirs.org](http://www.pirs.org)>

530/885-6100

800/833-3453 (only in CA)

530/885-0326: TTY

### **Bakersfield**

Independent Living Center of Kern County

1631 30th Street, 93301

Website: <[ilcofkerncounty.org](http://ilcofkerncounty.org)>

661/325-1063

800/529-9541

661/325-4143: TDD

### **Belmont**

Center For Independence Of The Disabled

875 O'Neill Avenue, 94002

Website: <[cidbelmont.org](http://cidbelmont.org)>

650/595-0783

650/595-0743: TDD

### **Berkeley**

Center For Independent Living

2539 Telegraph Avenue, 94704

Website: <[www.cilberkeley.org](http://www.cilberkeley.org)>

510/841-4776

510/848-3101: TDD

### **Capitola**

Central Coast Center For Independent Living:  
Santa Cruz County

1395 41st Avenue, Suite B, 95010

Website: <[www.cccil.org](http://www.cccil.org)>

831/462-8720

831/462-8729: TTY

831/462-8727: FAX

### **Chico**

Independent Living Services Of Northern  
California

1161 East Ave., 95926

Website: <[www.ilsnc.org](http://www.ilsnc.org)>

530/893-8527

530/893-8574: FAX

### **Claremont**

Independent Living Center East San Gabriel  
Valley

P.O. Box 549, 91711

Website: <[www.ilc-clar.org](http://www.ilc-clar.org)>

909/621-6722

909/445-0727: FAX

909/445-0729: TDD

## 14. Independent Living & Multiservice Orgs

### Concord

Independent Living Resource Of Contra Costa County  
3200 Clayton Road, 94519  
Website: <[www.ilrccc.org](http://www.ilrccc.org)>  
925/363-7293  
925/363-7296: FAX

### Downey

Southern CA Community Rehab Services  
7830 Quill Drive, Suite D, 90242  
Website: <[scrs-ilc.org](http://scrs-ilc.org)>  
562/862-6531

### Eureka

Tri-County Independent Living Center.  
955 Myrtle Ave., 95501  
707/445-8404  
707/445-8405: TDD

### Fairfield

Independent Living Resources  
1545 Webster Street, Suite C, 94533  
Website: <[www.ilrccc.org](http://www.ilrccc.org)>  
707/435-8174  
707/435-8177: FAX

### Fremont

Community Resources for Independent Living:  
Tri-Cities Office  
39155 Liberty Street, Suite A100, 94538  
Website: <[www.cril-online.org](http://www.cril-online.org)>  
510/794-5735

### Fresno

Center For Independent Living  
3475 W. Shaw, #101 93711-3200  
800/244-2274  
559/276-6777  
559/276-6779: TDD  
559/276-6778: FAX

### Garden Grove

Dayle McIntosh Center For The Disabled  
13272 Garden Grove Blvd, 92843  
Website: <[www.daylemc.org](http://www.daylemc.org)>  
714/621-3300  
714/663-2087: TDD

### Gilroy

Silicon Valley Independent Living Center (SVILC)  
7800 Arroyo Circle, Suite A, 95020  
Website: <[www.svilc.org](http://www.svilc.org)>  
408/846-1480  
408/842-2591: TDD  
408/842-2321: FAX

### Grass Valley

Foundation Resources For Equality And Employment For The Disabled (F.R.E.E.D.)  
154 Hughes Road, Suite 1, 95945  
Website: <[www.freed.org](http://www.freed.org)>  
530/272-1732: V/TDD  
800/655-7732

### Hayward

Community Resources For Independent Living  
439 "A" Street, 94541  
Website: <[www.cril-online.org](http://www.cril-online.org)>  
510/881-5743  
510/881-0218: TTY

### Hollister

Central Coast Center For Independent Living:  
San Benito County  
111 San Felipe Road, Suite 107, 95023  
Website: <[www.cccil.org](http://www.cccil.org)>  
831/636-5196  
831/638-0826: TTY

# 14. Independent Living & Multiservice Orgs

## **Lancaster**

ILC Of Southern California (branch office)  
43805 N. Division Street, Unit A, 93535  
Website: <[www.ilcsc.org](http://www.ilcsc.org)>  
661/945-6602  
661/945-6604: TDD

## **Livermore**

Community Resources For Independent Living:  
Tri-Valley Office  
3311 Pacific Avenue, 94550  
Website: <[www.cril-online.org](http://www.cril-online.org)>  
925/371-1531  
925/371-1532: TTY

## **Long Beach**

Disabled Resources Center, Inc.  
2750 East Spring Street, Ste. 100, 90806  
Website: <[www.drcinc.org](http://www.drcinc.org)>  
562/427-1000  
562/427-1366: TDD

## **Los Angeles**

Communities Actively Living Independent &  
Free  
634 South Spring St, Second Floor, 90014  
Website: <[www.calif-ilc.org](http://www.calif-ilc.org)>  
213/627-0477

Community Rehabilitation Services-ILC  
4716 Cesar E. Chavez Ave., 90022  
323/266-0453

Westside Center For Independent Living  
12901 Venice Blvd., 90066  
Website: <[www.wcil.org](http://www.wcil.org)>  
310/390-3611  
310/398-9204: TTY

## **Marysville**

Foundation Resources For Equality And  
Employment For The Disabled (F.R.E.E.D.)  
508 "J" Street, 95901  
Website: <[www.freed.org](http://www.freed.org)>  
530/742-4474  
530/742-4476: FAX

## **Modesto**

Disability Resource Agency For  
Independent Living (DRAIL)  
221 McHenry Avenue, 95354  
Website: <[www.drail.org](http://www.drail.org)>  
209/521-7260  
209/521-1425: TDD  
209/521-4763: FAX

## **Napa**

Community Resources For Independence:  
Napa Branch  
1040 Main Street, Suite 208, 94559  
Website: <[www.cri-dove.org](http://www.cri-dove.org)>  
707/258-0270  
707/258-0274: TTY

## **Oakland**

Center for Independent Living  
Website: <[www.cilberkeley.org](http://www.cilberkeley.org)>  
Oakland Satellite  
610 16th Street, Suite 419  
510/763-999

East Oakland Office  
7200 Bancroft, Suite A, 94605  
510/635-4920

Fruitvale Office  
1470 Fruitvale Ave., 94601  
510/536-2271

## 14. Independent Living & Multiservice Orgs

### Redding

Independent Living Services of Northern California  
1411 Yuba Street, 96001  
Website: <[www.ilsnc.org](http://www.ilsnc.org)>  
530/242-8550  
530/241-1454: FAX

### Richmond

Independent Living Resources  
101 Broadway, Building 2A, 94806  
Website: <[www.ilrccc.org](http://www.ilrccc.org)>  
510/232-4942

### Sacramento

Resources For Independent Living  
1211 H Street, Suite B, 95814  
Website: <[www.sacramento.org/ril/](http://www.sacramento.org/ril/)>  
916/446-3074  
916/446-3074: TDD

### Salinas

Central Coast Center For Independent Living  
234 Capitol St., Suite A&B, 93901  
Website: <[www.cccil.org](http://www.cccil.org)>  
831/757-2968  
831/757-2968: TDD  
831/757-5549: FAX

### San Bernardino

Rolling Start, Inc.  
570 West Fourth Street, Suite 103, 92401  
Website: <[www.rollingstart.com](http://www.rollingstart.com)>  
909/884-2129  
909/884-7396: TDD

### San Diego

The Access Center Of San Diego  
1295 University Ave., #10, 92103-3333  
Website: <[www.accesscentersd.org](http://www.accesscentersd.org)>  
619/293-3500  
619/293-7757: TDD

### San Francisco

Independent Living Resource Center Of San Francisco  
649 Mission Street, 3rd Floor, 94105  
Website: <[www.ilrcsf.org](http://www.ilrcsf.org)>  
415/543-6222  
415/543-6698: TDD

### San Jose

Silicon Valley Independent Living Center (SVILC)  
2306 Zanker Road, 95131  
Website: <[www.svilc.org](http://www.svilc.org)>  
408/894-9041  
408/894-9012: TDD  
408/894-9050: FAX

### San Luis Obispo

Independent Living Resource Center  
1150 Laurel Lane, Suite #814, 93401  
Website: <[www.ilrc-trico.org](http://www.ilrc-trico.org)>  
805/593-0667

### San Rafael

Marin Center For Independent Living  
710 Fourth Street, 94901  
Website: <[www.marincil.org](http://www.marincil.org)>  
415/459-6245

### Santa Barbara

Independent Living Resource Center  
423 West Victoria Street, 93101  
Website: <[www.ilrc-trico.org](http://www.ilrc-trico.org)>  
805/963-0595  
805/963-0595: TTY/TDD

### Santa Maria

Independent Living Resource Center  
327 East Plaza Drive, Suite 3A, 93454  
Website: <[www.ilrc-trico.org](http://www.ilrc-trico.org)>  
805/925-0015

# 14. Independent Living & Multiservice Orgs

## **Santa Rosa**

Community Resources For Independence  
980 Hopper Avenue, 95403  
Website: <[www.cri-dove.org](http://www.cri-dove.org)>  
707/528-2745  
707/528-2151:TTY

## **Sonora**

Disability Resource Agency for Independent  
Living: Mother Lode Office  
67 Linoberg Street, Suite A, 95370  
Website: <[www.drail.org](http://www.drail.org)>  
209/532-0963  
209/532-1280:TTY

## **Stockton**

Disability Resource Agency for Independent  
Living: San Joaquin Office  
4555 Precissi Lane, Suite 2 95207  
Website: <[www.drail.org](http://www.drail.org)>  
209/477-8143  
209/477-7734:TDD  
209/477-7730:FAX

## **Van Nuys**

ILC Of Southern California  
14354 Haynes Street 91401  
Website: <[www.ilcsc.org](http://www.ilcsc.org)>  
818/988-9525  
818/988-3533:TDD

## **Ventura**

Independent Living Resource Center  
1802 Eastman Avenue, #112, 93003  
Website: <[www.ilrc-trico.org](http://www.ilrc-trico.org)>  
805/650-5993:V/TTY

## **Ukiah**

Community Resources For Independence:  
Mendocino Lake Branch  
1040 North State Street, Suite E, 95482  
Website: <[www.cri-dove.org](http://www.cri-dove.org)>  
707/463-8875  
707/462-4498:TTY