

Alcohol & Chemical  
Brain Boosters  
Case Management  
Consumer Resources  
Crisis Intervention  
Day Programs  
Disability Related  
Domestic Violence  
Driving Evaluation  
Education



Financial Aid

**Health Related**

Housing Agencies  
Independent Living  
Legal Services  
Parenting & Family  
Post Acute Rehab  
Psych. Counseling  
Recreation  
Resources  
Special Populations  
Support Groups  
TBI Internet  
Transportation  
Vocational Services





## 12. Health Related Services

This chapter includes organizations and agencies that offer services that can assist with the health and medical needs of people with TBI. These services range from Personal Assistants (Personal Assistants help with the day-to-day needs of people with disabilities, including personal care, shopping, housekeeping, driving, and/or laundry, etc.) to nursing to actual medical care.

The Independent Living Centers, listed in Chapter 14, have a department for the express purpose of matching people up with attendants to do personal services for people with disabilities. The Silicon Valley Independent Living Center (listed below) in the Santa Clara Valley area has a department dedicated to all the aspects of building and sustaining a working relationship between the employer (with the disability, e.g., TBI) and the employee (the Personal Assistant). The relationship between these two people can make a substantial difference in the quality of life of the person with TBI. Hire a person or an agency wisely: setting up a 'question sheet' and asking each person/agency each of the questions can offer you valuable information on which person or agency would be best for you. (One question to consider asking is what experience they have with people with TBI.)

### **AIDS 24-hour Hotline**

800/342-2337

### **Alta Bates Herrick Rehabilitation**

510/204-4411

FAX: 510/548-5265

2001 Dwight Way

Berkeley, CA 94704

- Day treatment program.
- Health clinic.
- Outpatient.
- Pediatric Small Voice rehabilitation program.

### **American Diabetes Association**

800/342-2383

1701 North Beauregard Street

Alexandria, VA 22311

Website: <[www.diabetes.org](http://www.diabetes.org)>

## 12. Health Related Services

### **Asian-Americans For Community Involvement (AACI)**

408/975-2730

2400 Moorpark Avenue, Suite 300

San Jose, CA 95128

Website: <[www.aaci.org](http://www.aaci.org)>

- Outpatient.
- Case management.
- Counseling.

### **Cabrillo College Stroke Center**

831/425-0622

501 Upper Park Road

Santa Cruz, CA 95065

Website: <[www.strokecenter.org](http://www.strokecenter.org)>

- Group classes for living skills.

### **California Children's Services**

408/793-6200

FAX: 408/793-6250

720 Empey Way

San Jose, CA 95128

- Medical service if injured before the age of 21.

### **Community Hospital And Rehabilitation Center Of Los Gatos**

408/866-4020

FAX: 408/866-4077

355 Dardanelli Lane

Los Gatos, CA 95030

- Inpatient and outpatient rehabilitation.

### **Easter Seals Bay Area**

408/295-0228

FAX: 408/275-9858

730 Empey Way

San Jose, CA 95128

- Aquatic therapy classes.
- Independent use of heated pool.
- Accepts some insurance.
- Open Mon-Fri 7 am-4:30 pm.

## 12. Health Related Services

### **Health Care To The Homeless**

408/279-6244

1621 Gold Street, PO Box 1240

Alviso, CA 95002

- General health screening, preventive care for children
- Perinatal, immunization, information and referral.
- Health education.
- Social services- case management.

### **In-Home Support Services (IHSS)**

408/928-3737

591 N. King Road

San Jose, CA 95133

Website: <[www.publicauthoritysantaclara.org](http://www.publicauthoritysantaclara.org)>

- County social services agency program.
- Based on SSI qualifications.
- Personal Care Assistant (PCA) funding. PCAs are paid to aid a person with a disability. This may include housework, driving, and/or dressing or bathing. This office only supplies the money to pay the PCA's wages; finding and supervising the PCA is the responsibility of the person with the disability. As mentioned above, the Independent Living Centers, including our local Silicon Valley Independent Living Center have a PCA Registry Program that matches the needs of persons with disabilities with the skills of these PCAs.

### **Linkages/Multipurpose Senior Service Program (MSSP)**

415/750-4111

Institute on Aging

3330 Geary Blvd.

San Francisco, CA 94118

MSSP

415/750-4150

3626 Geary Blvd.

San Francisco, CA 94118

- Case management for disabled adults over 18.
- Care planning for persons over 65.
- Daycare.

## 12. Health Related Services

### **Mills Health Center**

650/696-4300

FAX: 650/696-4984

Center For Rehabilitation

100 South San Mateo Drive

San Mateo, CA 94401

- Outpatient facility.
- Intensive Day program.

### **Mt. Diablo Facility Of Rehabilitation**

925/682-6343

490 Golf Club Road

Pleasant Hill, CA 94523

- Outpatient facility.
- Adult day health care.
- Vocational services.

### **Reach Program**

Foothill College REACH Program

650/949-6960

Middlefield Road

Palo Alto, CA 94303

- Post-stroke program.

### **San Jose State University Kay Armstead Center for Communication Disorders**

408/924-3688

FAX: 408/924-3641

1 Washington Square

San Jose, CA 95129-0079

Website: <[www.sjsu.edu/cds/clinic](http://www.sjsu.edu/cds/clinic)>

- Sliding scale available for all services.
- Speech, language and hearing evaluations: \$200.
- Audiology evaluations: \$60.
- Individual therapy: \$360 per semester.
- Group therapy: \$100 per semester.

## 12. Health Related Services

### **San Jose State University Occupational Therapy Clinic**

408/924-3070

1 Washington Square

San Jose, CA 95128

Marti Southam, PhD

- Occupational therapy for any physical or psychological disability.
- Self-referral or MD referral.
- \$100 per semester (or sliding scale).
- Twice a week, 1 hour 15 minutes of therapy, Tuesdays and Thursdays 1:30 to 2:45 pm.
- Months available: September thru December, February thru May, January.

### **Santa Clara Valley Medical Center Outpatient Rehabilitation Clinic**

408/885-5920

FAX: 408/885-4728

2400 Moorpark Avenue, Suite 100

San Jose, CA 95128

- Offer outpatient rehabilitation.
- Women with Disabilities Health Care Clinic.

### **Services For Brain Injury (SBI)**

408/434-2277

271 North 1st Street

San Jose, CA 95134

Website: <[www.sbicares.org](http://www.sbicares.org)>

- Occupational Therapy.
- Speech therapy.
- Vocational evaluation and support.

## 12. Health Related Services

### **Silicon Valley Independent Living Center (SVILC)**

408/985-1243

FAX: 408/985-0671

TDD: 408/985-9243

2306 Zanker Road

San Jose, CA 95131

Website: <[www.svilc.org](http://www.svilc.org)>

- Personal assistants are people who are paid (generally through In Home Support Services) to help persons with disabilities (including those with TBI) to take care of their basic needs (e.g. dressing, bathing, perhaps getting things in order). SVILC will refer prescreened and trained PCAs to people who need them.
- Personal Assistant recruitment and referral; training in the management of personal assistants.
- Advocacy and legal services.
- Information and referral regarding available and accessible housing.
- Counseling; individual and group support.
- Independent living skills.
- Vocational services.
- Residential training program.
- Equipment rental and loan.
- Newsletter; "The Dispatch".

### **Silicon Valley Independent Living Center-Gilroy**

408/894-9041

TDD: 408/847-1855

7800 Arroyo Circle, Suite A

Gilroy, CA 95020

### **Skills Plus - Santa Clara Adult Education Center**

408/423-2102

1840 Benton Street

Santa Clara, CA 95050

- Skills based classes for people who have a need for further therapy after stroke.
- Focus on improvement of physical and cognitive abilities.

## 12. Health Related Services

### **Therapy In Your Home**

408/358-0201

147 Vista Del Monte

Los Gatos, CA 95030-6335

Website: <<http://members.home.net/TIYH>>

- Provide therapy services in your home on a private pay basis.

### **HOME HEALTH AGENCIES**

#### **Accent Care**

1390 S. Winchester Blvd.

San Jose, CA 95128

408/374-6655

408/376-0929: FAX

#### **Gentiva Home Health Services**

4020 Moorpark Ave, Suite 220

San Jose, CA 95117

408/261-2801

#### **Heartland Home Health Care and Hospice**

2005 De La Cruz Blvd., #271

Santa Clara, CA 95050

408/986-1801

408/986-0354: FAX

#### **Interim Health Care**

2150 North First Street, #455

San Jose, CA 95131

408/943-9441

408/943-0105: FAX

#### **Matched Caregivers**

211 Town and Country Village

Palo Alto, CA 94301

650/321-2273

650/329-8860: FAX

#### **O'Connor Home Health Care**

105 North Bascom Avenue, Suite 205

San Jose, CA 95128

408/947-2724

408/947-7299: FAX

#### **Pathways Continuous Care**

201 San Antonio Circle, Suite 200

Mountain View, CA 94306

- Palo Alto Area: 650/949-9650  
650/949-4317: FAX

- San Mateo Area: 650/570-2888  
650/571-8505: FAX

- San Jose Area 408/795-1000  
408/795-1007: FAX

#### **Pathways Home Health**

201 San Antonio Circle, #200

Mountain View, CA 94040

650/949-3029

650/949-4317: FAX

#### **Regional Medical Center of San Jose**

1565-D Mabury Road

San Jose, CA 95133

408/729-2806

408/729-2861: FAX

## **12. Health Related Services**

### **Tender Loving Care Staff Builders**

1190 South Bascom Avenue, Suite 240  
San Jose, CA 95128  
408/271-1600  
408/271-1601: FAX

### **Visiting Nurse Association**

1041 41st Avenue  
Santa Cruz, CA 95062  
831/475-8644  
831/688-1146: FAX

### **We Care Personal Services**

650 S. Winchester Boulevard, Suite 204  
San Jose, CA 95128  
408/ 998-4457  
408/998-4486: FAX