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Support Groups
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Vocational Services



6. Day Programs

Here you will find listings of various programs to access for people with TBI who are not yet ready for return to work or school. Day programs are defined here as non-residential programs that teach those with TBI the skills they need, and help them with memory and attention strategies. Some people with TBI may be resistant to the notion of a 'day program': they may feel that this demeans them or sometimes there is an unawareness of the consequences of their TBI. This resistance can be addressed by bringing up the fact that this is only a temporary situation, and when the person proves that s/he is able to do more than attend such a program, more options will be offered. Until then, the best choice seems to be to pick up, in the day program, the social and cognitive skills that one needs in 'real work' in the 'real world'.

Alta Bates Herrick Rehabilitation

510/204-4411

2001 Dwight Way

Berkeley, CA 94704

- Full day and partial day programs specifically for TBI.
- Comprehensive and personally tailored program.

Alzheimer's Activity Center

408/279-7515

2380 Enborg Lane

San Jose, CA 95128

- An adult social day care program specifically designed for people with Alzheimer's disease or related dementias.
- Open 7 am-6 pm Monday through Friday.
- Must attend at least two days a week.
- Fee based on \$42 per day.
- Multiple physical and mental activities.

6. Day Programs

Bay Area Community Services (BACS)

<www.bayareacs.org>

Oakland location:

510/601-1074

5714 Martin Luther King Jr Way

Oakland, CA 94607

Fremont location:

510/656-7742

39606 Sundale Drive

Fremont, CA 94538

- Adult day care for older adults with chronic health problems.
- Meals, occupational therapy, physical therapy, speech therapy.

Brainstorm

415/665-4100 ext 239

Recreation Center for the Handicapped

207 Skyline Blvd.

San Francisco, CA 94132

- Community social recreation program for adults with acquired brain injuries (ABI).

Cabrillo College Stroke Center

831/425-0622

FAX: 831/425-0223

501 Upper Park Road

Santa Cruz, CA 95065

Website: <www.strokecenter.com>

- Classroom-based approach to rehabilitation.
- Courses deal with disabilities, communication, mobility and fitness, and independent living skills.
- Students attend up to 20 hours a week of classes.
- Classes offered are appropriate for TBI.
- Weekly support group for spouse/caregivers is available.

6. Day Programs

Community Gatepath

650/697-8924

FAX: 650/697-5010

1764 Marco Polo Way

Burlingame, CA 94010

Website: <www.communitygatepath.org>

- Offer speech therapy as well as classes in basic living skills, computers, cognitive skills, memory, leisure, recreation, and social issues.

Eskaton Carmichael Adult Day Program

916/334-0296

5105 Manzanita Avenue

Carmichael, CA 95608

- Provides assistance to chronically ill, disabled seniors.
- Variety of activities and services for the program.

Hope Rehabilitation Services

408/748-2850

Administrative Office:

1777 Agnew Road

Santa Clara, CA 95054

- Fifteen Bay Area locations.
- Day activities.
- Extensive Work Training program.
- Counseling Center.
- Senior Activity Center.
- Supported living program.
- 0-3 years Headstart program for infants mentally disabled.
- Interpreters available.

6. Day Programs

Live Oak Adult Day Service

408/973-0905

20920 McClellan Road

Cupertino, CA 95014

- Day activities for health-impaired seniors.
- Social and recreational activities.
- Program runs from 9:00 am-3:00 pm. (Monday - Friday)
- Fee ranges from \$25-\$50 (sliding scale).

MACSA Adult Day Health Care (Mexican American Community Services Agency)

408/928-1155

FAX: 408/928-1153

130 North Jackson Ave.

San Jose, CA 95116

- Experience with TBI.
- Social and recreational day program.
- Physical, Occupational, and Speech therapy.
- Transportation available.
- \$55-\$90 a day. Medi-Cal accepted.

Marin Brain Injury Network

415/461-6771

1144 Magnolia Avenue

Larkspur, CA 94939

Website <www.mbin.org>

- Day program Monday thru Thursday 12 pm-4 pm.
- Support groups for caregivers & survivors.
- Sliding scale for fees; scholarships available.

Mt. Diablo Facility Of Rehabilitation

Services Of Northern California

925/682-6343

490 Golf Club Road

Pleasant Hill, CA 94523

- Adult day health care.
- Vocational services.

6. Day Programs

On Track Program - Mt. Diablo Adult Education

925/685-7340

1266 San Carlos Avenue

Concord, CA 94518

- Cognitive skills.
- Community re-entry.
- Personal and social growth.
- Living skills.
- Tuesdays, Thursdays, Fridays 10-3pm. \$50/month tuition.
- Day school for adults with acquired brain injury. Not an adult day care center.

Reach Program

650/949-6960

Foothill College

Middlefield Road

Palo Alto, CA 94303

- A living skills program (occupational, physical, and speech therapy) for individuals who have had a stroke.

Santa Clara Valley Medical Center Day Treatment Program

408/885-4737 (Admissions Case Manager)

751 South Bascom Avenue

San Jose, CA 95128

- Interdisciplinary treatment team.
- Individualized treatment goals.
- Treats patients with a variety of neurologic diagnoses.

Services For Brain Injury (SBI)

408/434-2277

2731 North First Street, Suite 100

San Jose, CA 95134

Website: <www.sbicares.org>

- SBI offers five levels of day programming for persons with brain injury and information and referral resources.

6. Day Programs

Skills Plus

408/983-2100

1840 Benton Street

Santa Clara, CA 95050

- Skills based classes for people who have a need for further therapy after stroke.
- Focus on improvement of physical and cognitive abilities.