



Alcohol & Chemical
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1. Alcohol and Chemical Dependency Services

People with TBI have a very high incidence of alcoholism and chemical dependence issues (this **does not** mean that all, or even most, TBI survivors have these issues). There are several reasons for this. For many, the substance use may have contributed to their TBI, and they are at risk for subsequent injury if use continues. For others, substances offer an ‘excuse’ for behavior; one can blame lack of attention or memory, slurred speech, altered emotions, or unusual behaviors on the fact that s/he is ‘high’. Also, some people with TBI are in the age range where experimentation with substances is common. And certainly for many, drugs and alcohol offer a way out of the feeling of ‘losing one’s mind’: for a while, one can forget the injury that has taken over one’s life.

So many with TBI turn to substance use and abuse. **Substances** include alcohol and other mind altering drugs; **abuse** involves continued use despite the consequences or recurrent use in situations when use is dangerous. The following agencies work with people who have slipped into abuse and dependence (**dependence** involves impaired control of the use of the substance and the continued use despite the consequences).

One major problem for people with TBI who use or abuse substances is the danger involved. Even if one isn’t on anti-seizure medication where alcohol or other substance use can bring on or worsen seizures, substance intoxication puts one in danger of accident, and accidents can cause further brain injury. There is also the complication of people with TBI not fully realizing the impact their injury has had on them and therefore not acting safely when using mind altering substances. And lastly there is the problem of some people with TBI not remembering their ‘limits’ and then overdoing their substance use.

As is true with many of the other agencies and facilities listed in this resource, one type of program may work better than another for an individual person. Many people, for example, have gained much from the 12-Step model (Alcoholics Anonymous, Cocaine Anonymous, etc.), while others benefit little from it. So be prepared if your client/self/friend doesn’t benefit from the first facility or organization s/he goes to. **Substance dependence is treatable**, although not always quickly and easily.

With all that in mind, below are listed many of the organizations and facilities that offer some help in dealing with psychoactive substance abuse.

1. Alcohol and Chemical Dependency Agencies

Adult & Child Guidance Center

408/292-9353

950 W Julian Street

San Jose, CA 95126

- Drug and alcohol services only.
- Sliding fee scale.
- Spanish, Vietnamese, Tagalog, Cambodian.
- By referral.

Al-Anon

408/379-9375

Meetings and locations: 408/379-1051

1 West Campbell Avenue, Room Q82

Campbell, CA 95008

Website: <www.ncwsa.org/scvafg>

- Support groups for those whose lives have been affected by someone's drinking. Call for locations and meeting times.
- Al-Ateen for ages 7-19.
- Website also contains locations and meeting times.

Alcoholics Anonymous (AA)

24 hour help line: 408/374-8511

274 E. Hamilton Ave., Suite D

Campbell, CA 95008

Website: <aasanjose.org>

Monterey County/Salinas Location

24 hour help line: 831/424-9874

- Main Focus: To help you stay sober and to help others achieve sobriety.
- Provide experience, strength and hope to those who suffer from alcoholism.

Asian-Americans for Community Involvement (AACI)

408/975-2730

2400 Moorpark Ave., Suite 300

San Jose, CA 95128

Website: <www.aaci.org>

- Substance abuse intervention and treatment program (outpatient).
- English, Vietnamese, and other Asian Languages.

1. Alcohol and Chemical Dependency Agencies

Beacon House

800/215-4733

831/372-2334

468 Pine Ave

Pacific Grove, CA 93950

Website: <www.beaconhouse.org>

- Adult co-ed residential and outpatient.
- Call for free evaluation and assessment.
- Takes all private insurance, no MediCal or MediCare.

Benny McKeown Center

408/259-6565

1281 Fleming Avenue

San Jose, CA 95127

- Drug & alcohol residential recovery program.
- Takes referrals from BASAN, Gateway.
- Medi-Cal not accepted.
- Men and women. English, Spanish, Vietnamese.
- Dual-diagnosis program for people with drug and mental health problems.

Blossoms Perinatal Substance Abuse Program

408/254-3396

3030 Alum Rock Ave.

San Jose, CA 95127

- Outpatient program for pregnant or parenting women.
- Medi-Cal accepted.
- English, Spanish.

C.A.D.S

408/871-0767

1 West Campbell Ave., B27

San Jose, CA 95008

- Outpatient program for SACPA (Substance Abuse and Crime Prevention Act).

1. Alcohol and Chemical Dependency Agencies

The Camp Recovery Center

800/924-2879 (intake)

831/438-1868

3192 Glen Canyon Road

Scotts Valley, CA 95066

105 N. Bascom Avenue

San Jose, CA 95128

- Residential and outpatient.
- Co-ed adult and adolescent.
- Accepts most insurance plans, no MediCal or MediCare.
- Will work with clients on financial plan.

Combined Addicts & Professional Services, Inc (C.A.P.S.)

408/441-6088

66 E Rosemary

San Jose, CA 95112

- Residential program for men and women.
- Counseling and psychosocial groups.
- Transitional housing.
- Medi-Cal not accepted.
- Spanish speaker on staff.

Catholic Charities Behavioral Health Services

408/468-0100

2625 Zanker Road, Suite 200

San Jose, CA 95134

- Outpatient program for men and women.
- Medi-Cal accepted.
- English, Spanish.

1. Alcohol and Chemical Dependency Agencies

Central Treatment and Recovery Center

408/792-5656

976 Lenzen Avenue, First Floor, Suite 1900

San Jose, CA 95126

- Outpatient program for men and women.
- Medi-Cal accepted.
- English, Spanish.

Cocaine Anonymous

415/821-6155 San Francisco, CA

408/374-8009 San Jose, CA

800/262-2463 National Help Line (24 hours)

- Offer support groups for those recovering from addiction.
- Support groups do NOT provide treatment, counseling, or therapy.
- Call for support group times and locations.

Community Health Awareness Council

650/965-2020

P.O. Box 335

Mountain View, CA 94042

- Individual and group counseling.
- Bilingual services (Spanish, Chinese, Japanese, and more).
- Day treatment program for adolescents.

Community Hospital of Monterey/Peninsula Recovery Center

800/528-8080

831/373-0924 (Intake)

576 Hartnell Street

Monterey, CA 93940

- Adult outpatient.
- Private insurance and Medicare.

1. Alcohol and Chemical Dependency Agencies

Community Solutions

408/779-2113 Morgan Hill, CA

408/842-7138 Gilroy, CA

408/683-4118 (24-hour crisis line)

South Valley Counseling, Community Alternatives and the Bridge Counseling Center have merged into Community Solutions.

- Sexual assault services, mental health services, and domestic violence (Morgan Hill).
- Prevention services and supportive housing for mentally ill (Morgan Hill and Gilroy).
- Community counseling, drug and alcohol services, domestic violence counseling and legal aid, supervised visitation program and sober living houses.
- Residential treatment for seriously mentally ill.
408/779-2113 Morgan Hill
- Parent education programs, counseling services, and domestic issues.
408/842-7138 Gilroy
- Violence counseling. (Morgan Hill and Gilroy)
- English & Spanish.
- Medi-Cal accepted.

Crossroads Residential Services

408/226-2834

5486 Spinnaker Walkway #1

San Jose, CA 95123

- Transitional housing unit.

Daytop Village (Adult)

650/367-9030

2560 Pulgas Ave.

East Palo Alto, CA 94303

- Residential community for the chemically dependent.

Daytop Village (Adolescent)

650/325-6466

631 Woodside Road

Redwood City, CA 94061

- Residential community for the chemically dependent.
- VOICE-Program for chemically dependent female adolescents.

1. Alcohol and Chemical Dependency Agencies

Department of Alcohol and Drug Services

408/792-5670

FAX: 408/947-8702

976 Lenzen Ave., 3rd Floor

San Jose, CA 95126

- Information, referral, and screening only.

East Valley Treatment and Recovery Center

408/272-6581

2101 Alexian Drive, Suite B

San Jose, CA 95116

- Outpatient program for men and women.
- Medi-Cal accepted.
- English, Spanish.

Family and Child Services

408/288-6200

FAX: 408/288-6201

950 West Julian

San Jose, CA 95126

- Comadres women's outpatient polydrug abuse program.
- Compadres men's outpatient polydrug abuse program.
- Counseling services for children, adults, families, and the elderly.
- Domestic violence, parenting, and anger management classes.
- Medi-Cal not accepted.
- English, Hindi, Punjabi, ASL.

Fenix Services, Inc.

831/722-5914

FAX: 831/722-8311

10 Alexander Street

Watsonville, CA 95076

- Individual and group counseling.
- Domestic violence, anger management, and parenting counseling.

1. Alcohol and Chemical Dependency Agencies

Gardner Women's Wellness

408/287-6200

160 East Virginia Street, #266

San Jose, CA 95112

- Intensive outpatient treatment for women.
- Substance Abuse Crime Prevention Act (SACPA) only.

Gateway

1-800-488-9919 (24 hours)

- Managed care referrals for those seeking county supported care.
- Information and help line.
- Assessments match clients to the level of service needed.
- Fee based on ability to pay. Medi-Cal and private insurance accepted.

Genesis

831/899-2436

1152 Sonoma Avenue

Seaside, CA 93955

- Inpatient only.
- Long-term: 4-6 months, co-ed, age 18 and older.
- Perinatal: 7-10 months.
- 36 adult beds, 6 children beds.
- Sliding scale, minimum of \$5/day. If already on disability or social security, part of that will go to cost of treatment.
- Self referral, court referral, CPS, Prop 36.

Healthy Pregnancy Early Parenting

885-5400

2425 Enborg Lane

San Jose, CA

- Confidential in-home health services for pregnant and early parenting women.
- Drug and alcohol counseling.
- Medi-Cal accepted.
- English, Spanish.

1. Alcohol and Chemical Dependency Agencies

Hermanas

831/722-2471

Watsonville, CA

- Residential, 90-day program for women only.
- Fee based on a sliding scale.
- Bilingual and Bi-Cultural.

Horizon Services, Inc.

510/784-5865

P.O. Box 4217

Hayward, CA 94540

Website: <www.horizonservices.org>

The following are sub-groups of Horizon Services:

Chrysalis

510/450-1190

3843-3845 Telegraph Avenue

Oakland, CA 94609

- Residential program for women recovering from addiction to alcohol or other drugs.
- Residents stay six months.

Cronin House

510/784-5874

2595 Depot Road

Hayward, CA 94545

- Residential primary care program for men and women recovering from alcohol or other drug addictions.
- Residents stay an average of 45-60 days.
- Program focuses on early recovery and relapse prevention.

Horizon South

408/283-8555

650 South Bascom Avenue

San Jose, CA 95128

- Two component program for males.
- Primary Residential Detox and recovery program.
- Secondary recovery program to begin planning for re-entry into the community.

1. Alcohol and Chemical Dependency Agencies

Mandana Community Recovery Center

510/595-9690

3989 Howe Street

Oakland, CA 94611

- Education and support services for individuals dealing with alcohol and other drug related problems in living, social, and work environments.

Palm Avenue Detox

650/513-6500

2251 Palm Avenue

San Mateo, CA 94403

- Social model detoxification program serving men and women (18 years and older).
- Average stay is three to five days.
- \$30 intake fee.

Project Eden

510/247-8200

22646 Second Street

Hayward, CA 94541

- Education, prevention, and counseling programs for youth.
- Crisis intervention, assessment, and consultation with school faculty.

Kids Are Special - Eastfield Ming Quong

408/379-3796

FAX: 408/364-4013

251 Llewellyn Avenue

Campbell, CA 95008-1940

Website: <www.emq.org>

- Support groups for children impacted by substance abuse of parent or caregiver.
- Prevention and education support groups.

Marijuana Anonymous

800/766-6779

408/450-0796 (Call for South Bay meetings)

Website: <www.marijuana-anonymous.org>

- Uses 12 Steps of Recovery founded by Alcoholics Anonymous.

1. Alcohol and Chemical Dependency Agencies

Mariposa Lodge

Alcohol Recovery Homes, Inc.

408/281-6555

FAX: 408/463-0337

P.O. Box 21268

San Jose, CA 95151-1268

- Residential/detoxification alcohol and drug program for women.
- Fee based on sliding scale. Medi-Cal not accepted.

Narcotics Anonymous

24-hour phoneline: 408/998-4200

- Provides group meetings for individuals with addiction problems.
- NAR-ANON Family Group
San Francisco 415/321-2334
San Jose 408/296-2474

National Council on Alcohol and Drug Dependency (NCADD)

408/292-7292

1415 Koll Circle, Suite 101

San Jose, CA 95112

- Drug prevention program, youth education program, minors in possession program.
- Moving Beyond Anchor.
- Video lending library.
- Clearinghouse of free information on drugs, alcohol, and tobacco.
- “New Times” newspaper publication.

Parisi House on the Hill for Women

408/281-6570

9505 Malech Road

San Jose, CA 95138

- A 6-month residential program for addicted women and their children.
- Job training.

1. Alcohol and Chemical Dependency Agencies

Pathway House Residential Treatment Center

408/998-5191

102 South 11th Street

San Jose, CA 95112

- In-depth, comprehensive treatment program.
- Individual and Group Counseling.
- 12 step self-help groups.
- Job development.
- No detox services.

Pathway Outpatient Program

408/244-1834

1659 Scott Boulevard, Suite 30

Santa Clara, CA 95050

- Group, family, and individual counseling for adults and adolescents.

Proyecto Primavera

408/977-1591

614 Tully Road

San Jose, CA 95111

- Three month outpatient program for men and women.
- May be a fee for services.
- Bilingual services.
- Required to attend outside AA meetings.

Santa Clara County Central Treatment and Recovery Center

(Treatment Alternative Program (TAP))

Central Treatment and Recovery Center

408/792-5656

976 Lenzen Avenue, First Floor

San Jose, CA 95126-2607

- One-on-one and group counseling for alcohol abuse

East Valley Treatment and Recovery Center

408/272-6581

2101 Alexian Drive

San Jose, CA 95116

1. Alcohol and Chemical Dependency Agencies

North County Treatment and Recovery Center
650/328-1441
231 Grant Avenue
Palo Alto, CA 94306

Santa Clara County Perinatal Substance Abuse Program

408/885-5400
2425 Enborg Lane
San Jose, CA 95128

- Heroin addiction, detox, and maintenance center.

Santa Cruz Residential Recovery

831/423-3890
FAX: 831/423-6657
125 Rigg Street
Santa Cruz, CA 95060

- Behavioral management with substance abuse in a therapeutic residential community. This two month program costs \$200.00 for the Intake Fee and a monthly payment of \$50.

Sequoia Center

Care Line: 650/364-5504
650 Main Street
Redwood City, CA 94063

- Outpatient program.

Smart Recovery

408/739-7230
PO Box 112284
Campbell, CA 95011-2284

Website <www.smarrec-sv.org>

- Helps individuals cope with drug and alcohol dependency.
- Discussion meetings- alternative to Alcoholics Anonymous.

1. Alcohol and Chemical Dependency Agencies

Social Advocates for Youths

408/956-8034

538 Valley Walley

Milpitas, CA 95035-4106

Website <www.sayscc.org>

- Individual, group and family counseling for all ages.
- Parenting workshops.
- Assessments of drug and alcohol use.
- Free first time consultation, with a sliding scale for continuing service.

STEPS

Economic and Social Opportunities, Inc. (ESO)

408/971-0888

1445 Oakland Road

San Jose, CA 95112

- Focus is on alcohol/drug dependency.
- Group and individual counseling.
- Psycho-education groups.
- Relapse education groups.

Support System Homes, Inc.

408/370-9688

1 West Campbell Ave, #E-45

Campbell, CA 95122

- Substance Abuse Crime Prevention Act (SACPA).
- Outpatient and transitional housing unit.
- Medi-Cal not accepted.

Vida Nueva

408/238-1820

2212 Quimby Road

San Jose, CA 95122

- Sober living home for men only.
- No detox services; residential services for those who have completed approximately 45 days in a recovery home.
- NA and/or AA meetings 4/week and counseling sessions
- \$550-\$650 for the duration of the stay (about 90 days) - based on sliding scale.