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5. Crisis Intervention, Counseling and Mental Health Agencies
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Sexuality and fertility are two of the hottest topics related to SCI. Unfortunately, they are two issues that are often not discussed at length in the rehabilitation setting, especially in recent years, given the decreasing lengths of stay. Some health care professionals are not comfortable discussing sex, and often the individual with SCI is focused on becoming as independent as possible in other aspects of daily living while in rehab. In this chapter, we have compiled some excellent resources on sexuality - some that are specific to individuals with SCI, and others that focus on various disabilities.

In recent years, more attention has been focused on fertility issues faced by individuals with spinal cord injuries. Over the past decade, speciality clinics have been opened that deal specifically with the fertility issues faced by men with SCI. In addition to listing those clinics in California, we have also included some other valuable resources and places to go for more information on fertility. To better address the needs of women with SCI, women's clinics have also become popular (See Ch. 20).

SEXUALITY AND FERTILITY ORGANIZATIONS

The American Association of Sex Educators, Counselors, and Therapists (AASECT)

312/644-0828

435 N. Michigan Ave., Suite 1717

Chicago, IL 60611

American Society for Reproductive Medicine (ASRM)

205/978-5000

FAX: 205/978-5005

1209 Montgomery Highway

Birmingham, AL 35216-2809

E-mail: asrm@asrm.org

Website: <www.asrm.org>

- Provides a listing of books related to fertility and maintains patient information resources on their website

California North Bay Fertility Association

707/575-5831

1111 Sonoma Ave., Suite 214

Santa Rosa, CA 95405

Date-Able (Dating Service)

301/657-DATE

35 Washington Circle, Suite 205

Chevy Chase, MD 20815

- Emphasis on mixing disabled and non-disabled singles
- Activities, newsletter

23. Sexuality & Fertility Resources

FertiCare Personal High Amplitude Vibrator

Available from:

Integrated Leadership Technology Service, Inc. (ILTS)

706/855-6351

FAX: 706/855-6391

P.O. Box 1813

Evans, GA 30809

E-mail: ilts.inc@groupz.net

- Vibrator manufactured specifically for ejaculation in men with SCI
- Requires a doctor's prescription
- May be purchased from the above distributor

The InterNational Council on Infertility Information Dissemination, Inc.

703/379-9178

FAX: 703/379-1593

E-mail: INCIIDinfo@inciid.org

Website: <www.inciid.org>

- Provides infertility information

The Miami Project Male Fertility Program

University of Miami School of Medicine

305/243-7108

FAX: 305/243-6017

E-mail: mfp@miamiproject.med.miami.edu/mfrp

Website: <www.scifertility.com>

- One of the leading Male Fertility programs in the US
- Involved in fertility research
- Excellent resource for information on male fertility issues for SCI

RESOLVE - The National Infertility Association

617/623-0744

1310 Broadway

Somerville, MA 02144

E-mail: resolveinc@aol.com

Website: <www.resolve.org>

- This organization is a national infertility support group that provides resource information related to infertility

The Sex Information and Education Council of the US (SIECUS)

212/819-9770

130 W. 42nd Street, Suite 2500

New York, NY 10036

23. Sexuality & Fertility Resources

CALIFORNIA CLINICS OFFERING ASSISTED REPRODUCTIVE SERVICES FOR MEN WITH SCI:

Center for Assisted Reproductive Medicine

UCLA Medical Center - Santa Monica

310/319-4462

FAX: 310/319-4123

1250 16th Street

Santa Monica, CA 90404

E-mail: merobinson@mednet.ucla.edu

Center for Male Reproductive Medicine

310/277-2873

FAX: 310/286-2139

2080 Century Park, East, Suite 907

Los Angeles, CA 90067

E-mail: pwerthmann@worldnet.att.net

Website: <www.MaleReproduction.com>

UCLA School of Medicine

310/206-8164

FAX: 310/206-5343

66-131 CHS

Los Angeles, CA 90095

E-mail: szeitlin@UCLA.edu

Northern California Fertility Medical Center

916/773-2229

FAX: 773-8391

406 Sunrise Ave., Suite 310

Roseville, CA 95661

Website: <www.ncfmc.com>

Reproductive Science Center of the San Francisco Bay Area

925/867-1800

3160 Crow Canyon Rd, Suite 150

San Ramon, CA 94583

23. Sexuality & Fertility Resources

Stanford University Medical Center

650/723-6024

650/725-5546

FAX: 650/723-0765

Dept. of Urology, S-287

300 Pasteur Drive

Stanford, CA 94305-5118

Contact: Stewart W. McCollum, M.D.

VA Healthcare Systems, San Diego

619/543-2628

FAX: 619/543-6573

3350 La Jolla Village Drive, #112F

San Diego, CA 92161

E-mail: mmonga@ucsd.edu

UCSF Mount Zion Urology Faculty Practice

Male Fertility Clinic

415/353-7344

FAX: 415/353-7252

2330 Post Street, 6th Floor

San Francisco, CA 94115

E-mail: mrvas@itsa.ucsf.edu

Urological Physicians of San Diego

Sharp Rehabilitation Center

619/299-0670

619/223-4462

4033 Third Ave., #400

San Diego, CA 92103

E-mail: dankeiller@pacbell.net

Website: <www.urologyrx.com>

23. Sexuality & Fertility Resources

BOOKS

A Guide and Resource Directory to Male Fertility Following Spinal Cord Injury/Dysfunction (2000)

Maria J. Amador, BSN, CRRN, Charles M. Lynne, MD, Nancy L. Brackett, PhD, HCLD

Miami Project to Cure Paralysis

305/243-7108

FAX: 305/243-6017

P.O. Box 016960, Mail Locator R-48

Miami, FL 33101

E-mail: mfp@miamiproject.med.miami.edu

Website: <www.scifertility.com>

- An excellent comprehensive resource guide to current and reliable information on male fertility following SCI
- Information presented summarizes the Miami Project's research and the excellent work of many others who have studied and treated infertility in men with SCI
- Available free of charge at the above phone number or website
- Will also be available in Spanish via the website

Finding Love and Intimacy (1994)

Robert Mauro

Accent Special Publications

800/787-8444

FAX: 309/378-4420

P.O. Box 700

Bloomington, IL 61702

In Sickness and Health: Sex, Love and Chronic Illness (1996)

Lucille Carlton

Bantam-Doubleday-Dell

800/323-9872

FAX: 847/768-7095

2487 S. Wolf Rd.

Des Plaines, IL 60018

Website: <www.bdd.com>

Let Me Count the Ways: Discovering Great Sex Without Intercourse (1998)

Marty Klein and Riki Robbins

Penguin Putnam Books

800/526-0275

FAX: 800/227-9604

405 Murray Hill Parkway

East Rutherford, NJ 07073-2136

E-mail: customer@penguinputnam.com

23. Sexuality & Fertility Resources

Mother-to-Be: A Guide to Pregnancy and Birth for Women with Disabilities (1991)

Judith Rogers and Moleen Matsumura

Demos Medical Publishers

800/532-8663

212/683-0072

FAX: 212/683-0118

386 Park Ave. S.

New York, NY 10016

E-mail: orderdept@demospub.com

Website: <www.demospub.com>

Reproductive Issues for Persons with Physical Disabilities (1993)

Florence P. Haseltine, PhD, MD, Sandra S. Cole, PhD and David B. Gray, PhD

Paul H. Brookes Publishing Co.

800/638-3775

410/337-9580

FAX: 410/337-8539

P.O. Box 10624

Baltimore, MD 21285-0624

E-mail: custserv@phbrookes.com

Website: <www.brookspublishing.com>

Sexuality After Spinal Cord Injury: Answers to Your Questions (1997)

Stanley H. Ducharme and Kathleen M. Gill

Paul H. Brookes Publishing Co.

800/638-3775

410/337-9580

FAX: 410/337-8539

P.O. Box 10624

Baltimore, MD 21285-0624

E-mail: custserv@phbrookes.com

Website: <www.brookspublishing.com>

Sexuality and Disability: A Guide for Everyday Practice (1999)

Elaine Cooper and John Guillebaud

Radcliffe Medical Press

011/44-1235-528-820

FAX: 011/44-1235-528-830

19 Marcham Rd.

Abingdon, Oxon OX14 1AA

United Kingdom

E-mail: orders@radcliffemed.com

23. Sexuality & Fertility Resources

Sexual Concerns When Illness or Disability Strikes (1989)

Carol L. Sandowski

Charles C. Thomas Publishers

800/258-8980

217/789-8980

FAX: 217/789-9130

2600 S. First St.

Springfield, IL 62704-9265

E-mail: books@ccthomas.com

Website: <www.ccthomas.com>

Sexual Function in People with Disability and Chronic Illness:

A Health Professional's Guide (1997)

Marca L. Sipski and Craig J. Alexander

Aspen Publishers, Inc.

800/638-8437

301/417-7500

FAX: 301/417-7650

200 Orchard Ridge Drive, Suite 200

Gaithersburg, MD 20878

Website: <www.aspenpub.com>

NEWSLETTERS

PeopleNet

516/579-4043

257 Center Lane

Levitown, NY 11756

E-mail: mauro@chelsea.ios.com

- Personal ads for individuals with disabilities

23. Sexuality & Fertility Resources

PAMPHLETS

Male Reproductive Function after Spinal Cord Injury (Factsheet #10) (1996)

National Spinal Cord Injury Association

800/962-9629

301/588-6959

FAX: 301/588-9414

The Zalco Building

870 Georgia Ave., Suite 500

Silver Spring, MD 20910

E-mail: nscia2@aol.com

Website: <www.spinalcord.org>

Sexuality in Males with Spinal Cord Injury (SCI InfoSheet #3) (1993)

RRTC Training Office

Spain Rehabilitation Center

205/934-3283

FAX: 205/975-4691

1717 6th Ave. South

Birmingham, AL 35233-7330

E-mail: rtc@sun.rehabm.uab.edu

Website: <www.spinalcorduab.edu>

Sexuality After Spinal Cord Injury (Factsheet #3) (1996)

National Spinal Cord Injury Association

800/962-9629

301/588-6959

FAX: 301/588-9414

The Zalco Building

870 Georgia Ave., Suite 500

Silver Spring, MD 20910

E-mail: nscia2@aol.com

Website: <www.spinalcord.org>

23. Sexuality & Fertility Resources

VIDEOTAPES

Sexuality Reborn (1993)

Kessler Institute for Rehabilitation

800/435-8866

FAX: 973/243-6869

1199 Pleasant Valley Way

West Orange, NJ 07052

- This videotape was developed for individuals with SCI and their partners
- Features four real couples who share and demonstrate the emotional and physical aspects of sexuality after SCI
- Contains some very explicit sexual scenes

WEBSITES

Sexual Health Network

<www.sexualhealth.com>

- Provides easy access to sexuality information, education, counseling, therapy, medical issues, and other sexuality resources for individuals with disabilities, illness or health related problems

DRM WebWatcher's Sexuality Page

<www.disabilityresources.org/SEX.html>

- Provides links to other websites related to sexuality and disability

Sexuality and Spinal Cord Injury Bibliography

Medical College of Wisconsin Website

<www.mcw.edu/spinal/bibliography.html>

- Comprehensive bibliography of SCI related articles

