



1. Alcohol and Chemical Dependency Agencies
2. Assistive Technology Resources
3. Attendant Care Resources
4. Consumer Resources
5. Crisis Intervention, Counseling and Mental Health Agencies
6. Disability Related Organizations and SCI Associations
7. Driving Evaluation and Equipment
8. Durable Medical Equipment
9. Education Resources
10. Financial Aid and Assistance
11. Health Related Services
12. Housing Agencies and Resources
13. Independent Living
14. Legal and Advocacy Services
15. Parenting and Family Resources
16. Recreation, Leisure and Entertainment Resources
17. Regeneration and Curative Research
18. Research and Training Organizations
19. Resource Directories/Services and Information Resources
20. Resources for Special Populations
21. SCI Internet Resources
- 22. SCI Publications**
23. Sexuality and Fertility Resources
24. Support Groups
25. Transportation and Travel
26. Vocational/Prevocational Services
- A. Index



Included in this chapter of the resource guide are journals and magazines that relate to living with a disability. Some of the publications listed below are specific to spinal cord injury and others deal with a variety of different disabilities.

The articles included in these publications may relate to new adaptive equipment and wheelchair options, sexuality, relationships, employment, education, legislation and/or attendant care.

Ableware

Maddak Inc.

973/628-7600

6 Industrial Rd.

Pequannock, NJ 07440

- Home health and rehab products for help with daily living

Accent on Living

800/787-8444

P.O. Box 700

Bloomington, IL 61702

E-mail: acntlvg@aol.com

- \$12 year (4 issues)
- General interest magazine for individuals with physical disabilities

Access to Recreation, Inc.

800/634-4351

8 Sandra Ct.

Newbury Park, CA 91320

- Recreational equipment for the physically challenged

Active Living:

The Health, Fitness and Recreation Magazine for People with a Disability

905/957-6016

FAX: 905/957-6017

2276 Rosedene Rd.

St. Ann's, ON L0R 1Y0

E-mail: activeliv@aol.com

- Health, fitness, and recreation (just like the title...)

22. SCI Publications

American Rehabilitation Magazine

Federal Rehabilitation Services Administration

202/205-8296

330 C Street, SW

Washington, DC 20201

- 4 issues per year
- \$8.00 - subscription
- Information about various programs for individuals with disabilities

Employment in the Mainstream

Mainstream, Inc.

301/891-8777

6930 Carroll Ave., Suite 240

Takoma Park, MD 20912

Website: <www.mainstream-mag.com>

- Information on vocational issues and how they affect individuals with disabilities

InterAct

Rehabilitation Research Center for Traumatic Brain and Spinal Cord Injury

Santa Clara Valley Medical Center

800/352-1956 x24

408/295-9896 x24

950 S. Bascom Ave., Suite 2011

San Jose, CA 95128

E-mail: info@tbi-sci.org

Website: <www.tbi-sci.org>

- Information on the activities of the Rehab Research Center

International Ventilators User Network News

Gazette International

314/534-0475

FAX: 314/534-0475

4207 Lindell Blvd., #110

St. Louis, MO 63108

E-mail: gini_intl@msn.com

- Quarterly
- \$17.00
- Covers diverse issues such as travelling, coping, etc.

22. SCI Publications

New Mobility

No Limits Communications

800/543-4116

888/850-0344 x108

P.O. Box 220

Horsham, PA 19044

23815 Stuart Ranch Rd.

Malibu, CA 90265

Website: <www.newmobility.com>

- 12 issues per year
- \$27.95 - subscription
- A magazine for wheelchair users

Paraplegia News

PVA Publications

602/224-0500

2111 E. Highland Ave., Suite 180

Phoenix, AZ 85016-4702

Website: <www.pva.org>

- SCI news, government issues, etc.

Progress in Research

Christopher Reeves Paralysis Foundation

800/225-0292

500 Morris Ave.

Springfield, NJ 07081

Rehabilitation Gazette

Gazette International

314/534-0475

FAX: 314/534-5070

4207 Lindell Blvd. #110

St. Louis, MO 63108

E-mail: gini_intl@msn.com

- Semi-annual
- \$12.00 subscription
- A general disability newsletter dealing with such issues as accessibility, resources, government, etc.

22. SCI Publications

Sports and Spokes

PVA Publications

602/224-0500

2111 E. Highland Ave., Suite 180

Phoenix, AZ 85016-4702

- Lists wheelchair sporting events

Ventures

Disabled Sports USA of Northern California

916/722-6447

6060 Sunrise Vista Dr., Suite 2540

Citrus Heights, CA 95610

- A biannual newsletter covering disabled sports

WE Magazine

800/WE-MAG26

372 Central Park West, Suite 6B

New York, NY 10025

Website: <www.wemagazine.com>

- A lifestyle magazine for people with disabilities, their families, and friends

BOOKS AND MANUALS

There are several excellent resource manuals for individuals with spinal cord injury. Some of these list resources, both on the national and local level, and others are compiled of general information pertinent to spinal cord injury. The self-care manuals listed below can be useful when training personal care attendants, as they have detailed chapters, which are often illustrated, that cover various aspects of self-care including bowel, bladder, respiratory and skin care, as well as issues pertaining to sexuality, psychological considerations and attendant care. The National Spinal Cord Injury Association, *New Mobility* magazine, and the University of Alabama at Birmingham website are great resources for the most recent books, manuals, pamphlets and booklets related to SCI.

National Resource Directory

National Spinal Cord Injury Association

800/962-9629

301/588-6959

FAX: 301/588-9414

The Zalco Building

870 Georgia Ave., Suite 500

Silver Spring, MD 20910

E-mail: NSCIA2@aol.com

Website: <www.spinalcord.org>

22. SCI Publications

Pathways to Health:

You Do Have a Choice (2000)

Kenneth A Gerhart

Craig Hospital Research Dept.

303/789-8202

3425 S. Clarkson St.

Englewood, CO 80110

Email: HealthResources@craighospital.org

Website: <www.craighospital.org>

- \$7.00
- Focuses on making healthy choices

Spinal Cord Injury - For Your Information:

A Guide to Resources for Individuals with Spinal Cord Injury (2nd Edition)

Rehabilitation Research Center for Traumatic Brain and Spinal Cord Injury

800/352-1956 x24

408/295-9896 x24

950 S. Bascom Ave., Suite 2011

San Jose, CA 95128

Website: <www.tbi-sci.org/scifyi>

- Yes, you are reading the SCI-FYI right now

Spinal Cord Injury Information Network

University of Alabama at Birmingham

Website: <www.spinalcord.uab.edu>

- Excellent website where 18 Fact Sheets covering various aspects of spinal cord injury are available free of charge.

Spinal Cord Injury Patient Education Manual (\$72.00)

Aspen Publishers, Inc.

800/234-1660

7201 McKinney Circle

Frederick, MD 21704

Website: <www.aspenpub.com>

The Spinal Cord Injury Handbook for Patients and their Families (\$15.45)

Richard C. Senelick and Karla Dougherty

HealthSouth Press

800/688-0737

9119 Cinnamon Hill

San Antonio, TX 78240

Website: <www.healthsouth.com>

22. SCI Publications

Spinal Cord Injury: A Manual for Healthy Living (\$65.00)

The Institute for Rehabilitation and Research (TIRR)

Division of Education

713/797-5944

1333 Moursund B-107

Houston, TX 77030-3405

SCI Homecare Manual

Santa Clara Valley Medical Center

408/885-2000

751 S. Bascom Ave.

San Jose, CA 95128

Taking Care of Yourself While Providing Care (2000)

Richard Holicky

Craig Hospital Research Dept.

303/789-8308

3425 S. Clarkson St.

Englewood, CO 80110

Website: <www.craighospital.org>

- A guide for those who assist and care for their spouses, parents, and other loved ones who have spinal cord injuries

Yes, You Can!: A Guide to Self-Care for Persons with Spinal Cord Injury (\$15.00)

Paralyzed Veterans of America

Education Department; c/o Office Services

800/424-8200

801 N. 18th Street NW

Washington, DC 20006

Website: <www.pva.org>

National Database of Educational Resources for SCI

The Institute for Rehabilitation and Research (TIRR)

713/797-5944

1333 Moursund B-107

Houston, TX 77030-3405

- Also available in Spanish

22. SCI Publications

VIDEOTAPES AND SOFTWARE

Take Control: A Multimedia Guide to SCI for Consumers, Family and Staff Education (1998)

Arkansas Spinal Cord Commission

501/296-1792

1501 North University, Suite 400

Little Rock, AR 72207

Website: <www.state.ar.us/ascc>

The Return to Yourself (1996)

Paralysis Care Network

219/483-2100

3320 N. Clinton

Fort Wayne, IN 46805

E-mail: aji@mail.fwi.com

