



1. Alcohol and Chemical Dependency Agencies
2. Assistive Technology Resources
3. Attendant Care Resources
4. Consumer Resources
5. Crisis Intervention, Counseling and Mental Health Agencies
6. Disability Related Organizations and SCI Associations
7. Driving Evaluation and Equipment
8. Durable Medical Equipment
9. Education Resources
10. Financial Aid and Assistance
11. Health Related Services
12. Housing Agencies and Resources
13. Independent Living
14. Legal and Advocacy Services
- 15. Parenting and Family Resources**
16. Recreation, Leisure and Entertainment Resources
17. Regeneration and Curative Research
18. Research and Training Organizations
19. Resource Directories/Services and Information Resources
20. Resources for Special Populations
21. SCI Internet Resources
22. SCI Publications
23. Sexuality and Fertility Resources
24. Support Groups
25. Transportation and Travel
26. Vocational/Prevocational Services
- A. Index





For the individual with SCI who has children, life can pose many unique challenges. The following is a list of organizations that provide services and/or resources for parents with disabilities, or for parents of children with disabilities.

### **Beach Center on Families and Disabilities**

785/864-7600

University of Kansas

3111 Hayworth

Lawrence, KS 66045

- Information and referral
- Newsletter

### *Exceptional Parent Magazine*

877/372-7368

P.O. Box 2079

Marion, OH 43305

- \$36 for 1 year (12 issues)
- Focus on children with special needs
- Resources and referrals

### **Family Caregiver Alliance (FCA)**

800/445-8106

415/434-3388

690 Market Street, Suite 601

San Francisco, CA 94104-5107

Website: <[www.caregiver.org](http://www.caregiver.org)>

- Information and referral
- Support groups

### **Matrix: A Parent Network and Resource Center**

415/499-3877

94 Galli Drive, Suite C

Novato, CA 94949

Website: <[www.matrixparents.org](http://www.matrixparents.org)>

- Information and referral
- Parent to parent support training

# 15. Parenting and Family Resources

## **National Family Caregiver Association**

800/896-3650

301/942-6430

10605 Concord Street, Suite 501

Kensington, MD 20895

- Caregiver-to-caregiver peer support network
- Educational materials for caregivers
- Quarterly newsletter

## **National Information Center for Children and Youth with Disabilities (NICHCY)**

800/695-0285

P.O. Box 1492

Washington, DC 20013

Website: <[www.nichcy.org](http://www.nichcy.org)>

E-mail: [nichcy@aed.org](mailto:nichcy@aed.org)

- Special focus on children (birth to age 22)
- Personal responses to questions from parents and service providers
- Publications and referrals to other organizations and agencies
- Information available in Spanish
- Technical assistance to parent and professional groups
- Resource guides available that describe agencies and organizations that provide assistance to families of children with disabilities

## **The PACER Center**

4826 Chicago Ave. South

Minneapolis, MN 55417-1098

E-mail: [mnpacer@edu.gte.edu](mailto:mnpacer@edu.gte.edu)

- Quarterly newsletter with excellent resources and information

## **Parents Helping Parents**

408/727-5775

690 Market Street, Suite 600

3041 Olcott St.

Santa Clara, CA 95050-3222

Website: <[www.php.org](http://www.php.org)>

- Support groups
- Parenting classes
- Newsletter

# 15. Parenting and Family Resources

## **Through the Looking Glass**

510/848-1112

2198 6th Street, Suite B

Berkeley, CA 94710

Website: <[www.lookingglass.org](http://www.lookingglass.org)>

- Parenting with a disability newsletter
- Clinical and supportive services, training and research
- Serves families in which one or more members, whether parent or child, has a disability or medical issue

## **University of British Columbia, School of Nursing**

### **Consultation Resource Service for Women with Disabilities**

604/822-7444

T206-211 Wesbrook Mall

Vancouver, BC Canada

## **Well Spouse Foundation**

800/838-0879

212/644-1241

P.O. Box 28876

San Diego, CA 92198-0876

- Newsletter that covers counseling issues

## **ON-LINE RESOURCES**

### **National Father's Network**

Website: <[www.fathersnetwork.org](http://www.fathersnetwork.org)>

- Website dedicated to providing support and resources for fathers and families of children with special needs
- Offers articles, photos, special section for service providers

### **National Parent Network on Disabilities (NPND)**

Website: <[www.npnd.org](http://www.npnd.org)>

- National advocacy group that provides late-breaking news, legislative information, and other items of interest to parents on its website, by e-mail or FAX

### **National Transition Alliance for Youth with Disabilities (NTA)**

Website: <[www.dssc.org/nta](http://www.dssc.org/nta)>

- Federally funded program that promotes the transition of youth with disabilities toward desired postschool experience
- Fact sheets, newsletter, model program information and other resources for educators, employers and parents

# 15. Parenting and Family Resources

## Sibling Support Project

Website: <[www.chmc.org.departmt/sibsupp](http://www.chmc.org.departmt/sibsupp)>

- Website packed with resources and ideas for siblings of children with disabilities, their parents and service providers
- National directory of sibling support programs
- Newsletter

## BOOKS

*Adaptive Baby Care Equipment:*

*Guidelines, Prototypes, and Resources* (2000)

Through the Looking Glass

800/644-2666

510/848-1112

2198 6th Street, Suite B

Berkeley, CA 94710

Website: <[www.lookingglass.org](http://www.lookingglass.org)>

- \$30.00

*Adaptive Parenting Idea Book* (1999)

Through the Looking Glass

800/644-2666

510/848-1112

2198 6th Street, Suite B

Berkeley, CA 94710

Website: <[www.lookingglass.org](http://www.lookingglass.org)>

- \$30.00

*Disability, Pregnancy and Parenthood International*

(Quarterly Newsletter)

Arrowhead Publications

1 Chiswick Staithe

London W4 3TP

England

E-mail: [fad36@dial.pipex.com](mailto:fad36@dial.pipex.com)

## 15. Parenting and Family Resources

### *Families Are Important:*

*An Early Childhood Guidebook for Families of Young Children with Disabilities* (1997)

Maria Anderson

PACER Center

952/838-9000

FAX: 952/838-1099

8161 Normadale

Minneapolis, MN 55437-1044

E-mail: [pacer@pacer.org](mailto:pacer@pacer.org)

Website: <[www.pacer.org](http://www.pacer.org)>

- \$5.00

### *Inclusion and Parent Advocacy: A Resource Guide* (1996)

Julie Klauber and Avery Klauber

Disability Resources, Inc.

516/585-0290

4 Glatter Lane

Centerreach, NY 11720-1032

E-mail: [info@disabilityresources.org](mailto:info@disabilityresources.org)

Website: <[www.disabilityresources.org](http://www.disabilityresources.org)>

- \$10.00

### *Mother to Be: A Guide to Pregnancy and Birth for Women with Disabilities* (1991)

Demos Medical Publishers

800/532-8663

386 Park Ave. South

New York, NY 10016

Website: <[www.demospub.com](http://www.demospub.com)>

- \$29.95 softcover
- \$39.95 hardcover

### *Ordinary Families, Special Children: A Systems Approach to Childhood Disability*

800/365-7006

FAX: 212/966-6708

Guilford Publications, Inc

72 Spring St.

New York, NY 10012

Website: <[www.guilford.com](http://www.guilford.com)>

- \$19.95 + \$4.00 shipping and handling for paperback
- \$42.00 + \$4.00 shipping and handling for hardcover

# 15. Parenting and Family Resources

*Pregnancy and Women with Spinal Cord Injury* (1998)

SCI Information Sheet #14

RRTC Training Office, University of Alabama at Birmingham

205/934-3283

Room 529

Spain Rehabilitation Center

1717 6th Ave. South

Birmingham, AL 35233-7330

Website: <[www.spinalcord.uab.edu](http://www.spinalcord.uab.edu)>

*Reflections from a Mud Puddle: Helping Children Cope and Grow* (1998)

Marcella Fisher Anderson

Boyd's Mill Press

800/949-7777

910 Church St.

Honesdale, PA 18431

- Collection of short stories and essays that aims to present difficult life situations within a child-friendly context
- \$14.95 softcover + \$4.50 postage and handling

*The Special- Needs Reading List:*

*An Annotated Guide to the Best Publications for Parents and Professionals* (1998)

Wilma Sweeney

Woodbine House

800/842-7323

301/897-3570

FAX: 301/897-5838

6510 Bells Mill Rd.

Bethesda, MD 20817

E-mail: [info@woodbinehouse.com](mailto:info@woodbinehouse.com)

Website: <[www.woodbinehouse.com](http://www.woodbinehouse.com)>

- Comprehensive guide to books and other resources
- Focuses on specific issues such as disability awareness, sexuality, advocacy
- Describes resources for 23 different disabilities, including resources for siblings and peers
- \$18.95 + postage and handling

## 15. Parenting and Family Resources

*Views from Our Shoes:*

*Growing Up with a Brother or Sister with Special Needs* (1997)

Donald Meyer

Woodbine House

800/842-7323

301/897-3570

FAX: 301/897-5838

6510 Bells Mill Rd.

Bethesda, MD 20817

E-mail: [info@woodbinehouse.com](mailto:info@woodbinehouse.com)

Website: <[www.woodbinehouse.com](http://www.woodbinehouse.com)>

- Collection of essays written by children age 4 - 18 which offers their perspectives on what it is like to grow up with a brother or sister with a disability
- \$14.95 softcover + \$4.50 postage and handling

### NEWSLETTERS

*Disability, Pregnancy, and Parenthood International*

45 Beech St., 5th Floor

London, England EC2P2LX

Email: [Fad26@dail.pipox.com](mailto:Fad26@dail.pipox.com)

*Parenting with a Disability*

Through the Looking Glass

800/644-2666

2198 Sixth St., Suite 100

Berkeley, CA 94710

Website: <[www.lookingglass.org](http://www.lookingglass.org)>

*Parenting with a Disability Bulletin*

Center for Independent Living Toronto

205 Richmond St. West, Suite 605

Toronto, Ontario M5V 1V3 Canada

Email: [cilt@cilt.cnd.com](mailto:cilt@cilt.cnd.com)

