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Included in this chapter are organizations and agencies that offer services to assist with the health and medical needs of persons with SCI. These services can range from attendant care (attendants are those that help with the day-to-day needs of people with disabilities, including personal care, shopping, housekeeping, driving, laundry, etc.) to nursing care to actual medical services.

The Independent Living Centers listed in Chapter 13 offer attendant care issues as one of the five core services they are funded to provide. Most have a department for the express purpose of assisting individuals with disabilities find and train attendants to do personal services. The Silicon Valley Independent Living Center in the Santa Clara Valley area has an independent living specialist dedicated to all the aspects of building and sustaining a working relationship between the employer (with the disability) and the employee (the attendant).

### **Alta Bates Rehabilitation Center**

510/204-4411

FAX: 510/548-5265

2001 Dwight Way

Berkeley, CA 94704

- Outpatient services
- Health clinic
- Outpatient services

### **Asian-Americans for Community Involvement (AACI)**

408/975-2730

2400 Moorpark Ave., Suite 300

San Jose, CA 95128

- Outpatient services
- Counseling

### **California Children's Services**

408/299-5891

FAX: 408/971-3538

720 Empey Way

San Jose, CA 95128

- Medical services for those injured before the age of 21

### **Community Hospital and Rehabilitation Center of Los Gatos**

408/866-4020

FAX: 408/866-4077

815 Pollard Rd.

Los Gatos, CA 95030

- Inpatient and outpatient rehabilitation

# 11. Health Related Services

## **Easter Seals at Timpany Center**

408/295-0228

FAX: 408/275-9858

730 Empey Way

San Jose, CA 95128

- Aquatic physical therapy
- Land therapy

## **Health Care to the Homeless**

408/279-6244

2400 Moorpark Ave., Suite 201

San Jose, CA 95128

- General health screening; preventative care for children
- Perinatal, immunization, information and referral
- Health education
- Social services and case management

## **In-Home Support Services (IHSS)**

408/441-5858

1725 Technology Dr.

San Jose, CA 95110

- Must have MediCal to be eligible for services
- County social services agency program
- Attendant care funding

## **John Muir Rehabilitation Center**

925/988-7595

1601 Ygnacio Valley Rd.

Walnut Creek, CA 94598

## **Linkages/Multipurpose Senior Service Program (MSSP)**

415/750-4141

Institute on Aging

3626 Geary Blvd.

San Francisco, CA 94118

- Case management for disabled adults over 18
- Careplanning for persons over 65
- Adult daycare

# 11. Health Related Services

## **Medshares - San Jose**

408/452-1224

FAX: 408/452-1266

2025 Gateway Place, #260

San Jose, CA 95110

- Intermittent skilled nursing care and attendant care

## **Medshares - Gilroy**

408/848-6825

FAX: 408/848-3956

7855 Wren, Suite D

Gilroy, CA 95020

- Intermittent skilled nursing care and attendant care

## **Mills Peninsula Hospital Center for Rehabilitation**

650/696-4300

FAX: 650/696-4984

100 So. San Mateo Dr.

San Mateo, CA 94401

- Outpatient services

## **Mt. Diablo Facility of Rehabilitation**

925/682-6343

490 Golf Club Rd.

Pleasant Hill, CA 94523

- Outpatient services
- Adult day health care
- Vocational services

## **North Coast Rehabilitation Center**

707/542-2771

151 Sotoyome St.

Santa Rosa, CA 95405-4869

- Inpatient and outpatient services

# 11. Health Related Services

## **Patient Advocate Foundation**

800/532-5274

FAX: 757/873-8999

753 Thimble Shoals Blvd., Suite B

Newport News, VA 23606

E-mail: [help@patientadvocate.org](mailto:help@patientadvocate.org)

Website: <[www.patientadvocate.org](http://www.patientadvocate.org)>

- Serves as a liaison between patients and their insurers, employers and other creditors to help people resolve insurance, job discrimination and/or debt crisis matters resulting from their illness

## **REACH**

### **Foothill College Reach Program**

650/354-8380

Middlefield Rd.

Palo Alto, CA 94303

- Mobility training classes
- Living skills classes

## **Rehabilitation Research Center for TBI and SCI**

### **Santa Clara Valley Medical Center**

408/295-9896 x24

950 S. Bascom Ave., Suite 2011

San Jose, CA 95128

- Maintains a directory in the Resource Center of physicians who have treated former SCI patients in areas throughout Northern California
- It is in no way an endorsement of any of the physicians listed

## **Salinas Adult School**

### **Rehabilitation Education Assistance Program (REAP)**

831/753-4268

20 Sherwood Place

Salinas, CA 93906

- Classes in Adaptive Physical Education, Occupational Therapy, Physical Therapy, and Speech Therapy

# 11. Health Related Services

## **San Jose State University Occupational Therapy Clinic**

408/924-3070

1 Washington Square

San Jose, CA 95128

- Occupational therapy services for any physical or psychological disability
- Self-referral or MD referral
- \$100.00 per semester (or sliding scale)
- Twice per week, 1 hour, 15 minutes of therapy
- Available September - December and February - May

## **Santa Clara Valley Medical Center**

### **Rehabilitation Clinic**

408/885-5920

FAX: 408/885-4728

2400 Moorpark Ave., Suite 100

San Jose, CA 95128

- Inpatient and outpatient rehabilitation services
- Women's clinic for women with disabilities

## **St. Mary's Hospital Rehabilitation Center**

415/750-5744

450 Stanyan St.

San Francisco, CA 94117-1079

- Outpatient rehabilitation
- Orthopedic and sports PT clinic
- Chemical dependency clinic

## **Stanford University Hospital Rehabilitation Center**

650/723-4000

300 Pasteur Dr.

Stanford, CA 94305

- Outpatient rehabilitation

## **Therapy in Your Home**

408/358-0201

Los Gatos, CA 95030-6335

Website: <<http://members.home.net/TIYH>>

- Provide therapy services in your home on a private pay basis

# 11. Health Related Services

## **University of California Davis Medical Center Rehabilitation Department**

916/734-7041

2315 Stockton Blvd.

Sacramento, CA 95817

- Outpatient rehabilitation
- Orthotics, psychology, & social services

## **HOME HEALTH AGENCIES**

### **Alexian Home Care**

408/729-2806

FAX: 408/729-2861

1565-D Mabury Rd.

San Jose, CA 95133

### **Continue Care**

408/374-6655

FAX: 408/374-4347

1390 S. Winchester Blvd.

San Jose, CA 95128

### **Home Health Plus**

408/986-1801

FAX: 408/986-0354

2005 De La Cruz Blvd., #271

Santa Clara, CA 95050

### **Interim Health Care**

408/943-9441

FAX: 408/943-0105

2150 North First St., Suite 455

San Jose, CA 95131

### **Matched Caregivers**

650/321-2273

FAX: 650/321-1150

211 Town and Country

Palo Alto, CA 94301

### **Mid Peninsula Home Health**

415/949-3029

FAX: 415/949-4317

201 San Antonio Circle, #135

Mountain View, CA 94040

### **O'Connor Home Health Care**

408/947-2724

FAX: 408/947-7299

105 North Bascom Ave, Suite 205

San Jose, CA 95128

### **Olsten Home Health Services**

408/261-2801

FAX: 408/961-9202

1101 S. Winchester Blvd., #M250

San Jose, CA 95128

### **Staff Builders Health Care**

408/271-1600

FAX: 408/271-1601

1190 South Bascom Ave., Suite 240

San Jose, CA 95128

### **Stanford Home Care**

650/723-1600

FAX: 650/723-3267

Hoover Pavilion

211 Quarry Rd.

Palo Alto, CA 94305

# 11. Health Related Services

## **Visiting Nurse Association**

831/475-8644

FAX: 831/688-1146

1041 41st Ave.

Santa Cruz, CA 95062

## **We Care Personal Services**

408/998-4457

FAX: 408/998-4486

265 Meridian Ave., Suite 5C

San Jose, CA 95126

## **LOWER COST HOME HEALTHCARE OPTIONS**

*Rates as of January 2001.*

### **Continue Care**

408/374-6655

- \$165.00 shift - 24hrs.

### **Geriatric Home Care Specialists**

408/354-8996

- \$15.50 -16.50/hr

### **Loving Hands Homecare**

408/266-8331

- \$155.00/day

### **Special Home Needs**

408/985-8666

- \$16.00/hr. - 8 hours shift

### **Valley Health Network**

408/254-4650

- \$115.00/day - 24hrs.

### **We Care Personal Services**

408/998-4457

- \$125.00/day plus meals

# 11. Health Related Services

## WEBSITES FOR LOCATING PHYSICIANS

### **American Association of Physical Medicine and Rehabilitation (AAPM&R)**

Website: <[www.aapmr.org](http://www.aapmr.org)>

- Assists in locating a physiatrist by specialty in your area

### **American Board of Medical Specialties (ABMS) Certified Doctor Verification Service**

Website: <[www.certifieddoctor.org](http://www.certifieddoctor.org)>

- Find physicians certified by one or more of the ABMS member boards

### **Administrators in Medicine (AIM) DocFinder**

Website: <[www.docboard.org](http://www.docboard.org)>

- Locate health professionals licensed by AIM's 20 or so participating medical boards

### **American Medical Association (AMA) Physician Select On-Line Doctor Finder**

Website: <[www.ama-assn.org/aps/amahg.htm](http://www.ama-assn.org/aps/amahg.htm)>

- Find any licensed doctor of medicine or osteopathy

## OTHER WEBSITES

### **National Center on Physical Activity and Disability**

Website: <[www.ncpad.org](http://www.ncpad.org)>

- Promotes healthy lifestyles for people with disabilities by disseminating the latest information, providing resources, and conducting research on physical activity and disability.