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Crisis Intervention, Counseling, & Mental Health Agencies

Below you will find some services that are available for people in crisis from the repercussions of SCI. SCI can have a devastating effect on the individuals who experience it and their families. Often, a prompt referral to a professional who has experience working with the SCI population is necessary. If you feel yourself or another individual is in any need for help with a crisis situation, please call one of the listings below. Be prepared to give a complete description of the problem, so that the agency can help quickly and effectively.

With the current economic situation in the county, the state and the country, there is often not enough funding at times for these agencies, and some may change by the time you read this. If you have any questions or feedback, please contact us at the Rehabilitation Research Center for TBI and SCI.

Finding a professional or agency who understands and is sensitive towards the needs of those with SCI is difficult and these professionals and agencies should be cultivated, used again (and again), and referred to others with similar needs.

If you feel that your life or the life of your family member is in danger, the fastest assistance could come from emergency services or the police, accessible by dialing 911.

Alcoholics Anonymous (AA)

24-hr hotline: 408/374-8511
274 E. Hamilton Ave., Suite D
Campbell, CA 95008

Monterey County/Salinas
24-hr hotline: 831/424-9874

Asian-Americans for Community Involvement (AACI)

408/975-2730
2400 Moorpark Ave., Suite 300
San Jose, CA 95128
• Mental health program

Crisis Line for the Handicapped

24-hr: 800/426-4263
24-hr TDD: 800/421-4327
P.O. Box 24791
San Jose, CA 95154
• Serves California and Nevada
• Volunteer peer counseling, support, and information and referral

5. Crisis Intervention, Counseling, & Mental Health

COUNSELING AND ASSESSMENT

Access Program (Acute Crisis Care & Entry Into System Services)

408/299-5800

Central Mental Health Center

2221 Enborg Ln.

San Jose, CA 95128

- Assessment and referral only
- Will see individuals in crisis and escort over to Emergency Psychiatric Services (EPS)

Adult and Child Guidance Center of Santa Clara Valley

408/288-6205

380 North First St., Suite 200

San Jose, CA 95112

- Counseling services for children, adults, families, and the elderly
- Domestic violence counseling

Central Mental Health Center

408/885-6220

2221 Enborg Ln.

San Jose, CA 95128

- Day treatment and counseling for mental health consumers

Community Psychotherapy Institute

408/244-1362

940 Saratoga Ave., Suite 105

San Jose, CA 95129

- Individual counseling
- Domestic violence counseling
- Parenting program

Hope Rehabilitation Services Counseling Center

408/282-0402

FAX: 408/282-0400

1555 Parkmoor Ave.

San Jose, CA 95128

- Provides services to those who are autistic, have cerebral palsy, seizures, mental retardation or traumatic brain injury
- Counseling center

5. Crisis Intervention, Counseling, & Mental Health

Independent Living Resource Center of San Francisco

415/543-6222

TDD: 415/543-6698

FAX: 415/543-6318

649 Mission St., 3rd Floor

San Francisco, CA 94105

- Peer counseling services

Next Door

408/279-7550

FAX: 408/279-7562

1181 N. 4th St., Suite A

San Jose, CA 95112

- Psychotherapy and support group

Rehabilitation Education Assistance Program (REAP)

Salinas Adult School

831/753-4268

FAX: 831/753-4276

20 Sherwood Place

Salinas, CA 93906

- Must live in the Salinas Valley
- Counseling
- Independent living skills

San Jose Veterans Center

408/993-0729

278 N. Second St.

San Jose, CA 95112

- Veterans counseling center for post-traumatic stress disorder

Santa Clara County Psychological Association

408/253-1151

510/790-2371

650/321-7789

P.O. Box 8165

Fremont, CA 94537-8165

- Referrals to psychologists

5. Crisis Intervention, Counseling, & Mental Health

Santa Clara Valley Medical Center Department of Psychology

408/885-4440
751 So. Bascom Ave.
San Jose, CA 95128

Silicon Valley Independent Living Center

408/894-9041
FAX: 408/894-9050
2306 Zanker Rd.
San Jose, CA 95131

Website: <www.svilc.org>

- Individual and group support counseling
- Counseling for families, spouses and significant others

Suicide and Crisis

Central County: 408/279-3312
North County: 650/494-8420
South County: 408/683-2482

- Hotlines for individuals in crisis

CRIME VICTIMS

Victim Witness Assistance Program

408/295-2656
777 No. First St., Suite 500
San Jose, CA 95112
E-mail: vwac@victimwitness.org

- Crisis intervention and advocacy for crime victims

Victims of Crime Resource Center

800/842-8467

- Legal referrals and information for victims of crime
- Referrals to local Victim Witness Assistance offices for compensation under the Victims of Crime Act

5. Crisis Intervention, Counseling, & Mental Health

DEATH AND DYING

Aris

408/293-2747

1550 The Alameda, Suite 100

San Jose, CA 95126

Website: <www.aris.org>

- Support agency for individuals with AIDS and HIV
- Shared housing
- Emotional support
- Prevention and education programs

Centre for Living with Dying

408/980-9801

554 Mansion Park Drive

Santa Clara, CA 95051

- Offers support to help individuals cope with the trauma of an illness or death of a loved one
- Crisis intervention
- Support for grief, mourning, suicide and trauma
- Healing Hearts Program for children and adolescents
- Seniors Linc - seniors living in crisis

Disabled and Alone

Life Services For the Handicapped

800/996-0066

352 Park Ave., South, Suite 703

New York, NY 10010

- Assists families in planning for the death of a caregiver

El Camino Hospital

“Living With Loss”

800/216-5556

2500 Grant Rd., Ground Floor - Meeting Room “A”

Mountain View, CA 94040

- Support group for individuals dealing with loss due to the death of a family member, loved one or friend
- 2nd & 4th Monday, 3:00 - 4:30 PM

KARA

650/321-5272

457 Kingsley Ave.

Palo Alto, CA 94301

- Adult individual and group counseling
- Counseling for children and teens

5. Crisis Intervention, Counseling, & Mental Health

DOMESTIC VIOLENCE

Asian-Americans for Community Involvement (AACI)

408/975-2730

2400 Moorpark Ave., Suite 300

San Jose, CA 95128

- Asian Women's Home shelter for abused women and children
- Domestic violence prevention and treatment

Battered Women's Hotline for Lesbians, Bisexuals and Straight Women

24-hr hotline: 415/864-4722

Community Solutions

24-hr hotline: 408/638-4118

24-hr hotline: 408/637-SAFE

- Shelter for battered women and their children
- Domestic violence counseling and support groups
- Legal advocacy and assistance
- Domestic violence prevention and education programs
- Batterers intervention program

Community United Against Violence

24 hr hotline: 415/333-4357

415/777-5500

973 Market St., Suite 500

San Francisco, CA 94103

- Support for battered gay men, lesbians, and bisexuals
- Advocacy and legal assistance
- Counseling and support groups
- Emergency assistance
- Information and referral

Emergency Shelter Program

24-hr hotline: 510/786-1246

22634 Second St., Suite 205

Hayward, CA 94541

- Serves Alameda county
- Shelter facilities
- Support groups and counseling

5. Crisis Intervention, Counseling, & Mental Health

Next Door

24-hr hotline: 408/279-2962

408/279-7562

1181 N. 4th St., Suite A

San Jose, CA 95112

- Therapy and support groups
- Emergency shelter
- Parenting classes for women
- One-to-one counseling for men
- Legal clinic for restraining orders

San Francisco Network for Battered Lesbian and Bisexual Women

415/281-0276

- Information and referral services

San Mateo County Battered Women's Services

24-hr hotline: 650/312-8515

- Legal advice
- Counseling services
- Support groups
- Shelter facility

Santa Cruz County Women's Crisis Support

24-hr hotline: 831/429-1478

- 24-hr crisis counselors

Shelter Against Violent Environment (SAVE)

24 hr hotline: 510/794-6055

- Fremont and Alameda county

Support Network for Battered Women

24-hr hotline: 650/940-7855

650/940-7850

444 Castro St., Suite 305

Mountain View, CA 94041

- Legal support
- Therapy and counseling
- Support groups
- Referral to emergency housing for battered women and their children
- Emergency shelter

5. Crisis Intervention, Counseling, & Mental Health

Women and Their Children's Housing (W.A.T.C.H.)

408/271-9422

P.O. Box 361358

Milpitas, CA 95036

- Transitional housing for battered women and their children for up to two years

MENTAL HEALTH

Access Program (Acute Crisis Care & Entry Into System Services)

408/299-5800

Central Mental Health Center

2221 Enborg Ln.

San Jose CA 95128

- Assessments
- Collaborates with the Emergency Psychiatric Services

Alliance for Community Care

408/261-7777

2001 The Alameda

San Jose CA 95126-1136

Website: <www.alliance4.org>

- Provides counseling for individuals diagnosed with a mental illness

Hope Rehabilitation Services Counseling Center

408/282-0402

1555 Parkmoor Ave.

San Jose, CA 95128

- Counseling (i.e. marriage, parenting, individual) for the physically and mentally disabled

Mental Health Advocacy Project

408/294-9730

111 W. St. John St., Suite 315

San Jose, CA 95113

E-mail: mhap@lawfoundation.org

- Provide legal services to all mental health diagnoses
- Patient's rights, economic issues (SSI), and landlord/tenant rights

5. Crisis Intervention, Counseling, & Mental Health

Mental Health Association of San Francisco

415/241-2926

1119 Market Street, Suite 200

San Francisco, CA 94103

- Non-profit advocacy group that works with city and local governments to make sure individuals receive entitled service

Santa Clara County Mental Health

408/885-5770

645 South Bascom Ave.

San Jose, CA 95128

- Counseling, group counseling, medication issues
- Will see individuals in crisis and escort over to Emergency Protective Services

